

## QUESTION # 1

DR. KAMBON

**BASED ON WHAT SEEMS LIKE VAST EXPERIENCE AND KNOWLEDGE, PLEASE TELL US ABOUT YOUR PERSONAL LIFESTYLE AND HOW YOU CAME TO DO AND PRACTICE THOSE THINGS YOU DEEM NECESSARY TO DO AS AN AFRIKAN MAN**

### PERSONAL PROFILE

OF

Dr. Kambon

### **LIFESTYLE-WELL-BEING AND PHILOSOPHY**

- I am Afrikan, and see mySelf connected to Afrikans all over the world.
- I am Vegan and have not consumed any pork, beef, chicken, or fish in 29 years; I consume no eggs, no cheese, no milk, no ice cream or other dairy products and have followed this lifestyle for 29 years. I drink no sodas, coffee or consume junk food: French fries, chips, etc. I consume no refined sugars: no white sugar, no turbinado, sucrose, corn syrup, high fructose corn syrup, saccharine, sweet and low, cane juice or whatever other sweeteners are on the market. I consume no white flour products or white salt, food additives or coloring in foods.
- I consume no alcohol and have not had any alcohol in over thirty years; I was never an alcoholic.
- I am not homosexual or a child predator
- I do not smoke cigarettes or any other drug.
- I have never taken any drugs and do not take, nor have I taken, any prescription medication in thirty years
- I try to go to sleep before 10 PM because the search says that if one goes to sleep before 10:00 PM, every hour of sleep after 12 midnight is worth 2 *hours* of sleep-I seldom sleep late, and usually am awake by 4:30 AM and work 14-16 hours every day
- I try to exercise 2 to 3 times every week because the research says this will keep the body healthy. I try to drink ½ my body weight in ounces of water everyday and this is of great benefit
- My blood pressure is at its optimum best and in my last physical, about a year ago, the doctor said that, barring getting run over by a car, I should live to be very old.
- I have no chest pains and have not had a headache in over 33 years and have not had even an aspirin in 33 years
- For the record, I am neither despondent, nor have I ever been suicidal. I love living, and enjoy nature and animals immensely. I love jazz & hoop.

- I am neither a member of a fraternal, civic, religious, political, nor social group; nor have I ever been a member of any cult, sect, gang, martial arts club, military group, or any national or international movement of any kind
- I neither fancy myself as a leader nor a hero
- I pay my entire share of taxes and never evade paying taxes.
- I have never been to jail or to prison and do not have a prison record.
- I do not have any real luxury items, nor am I interested in obtaining any, and drive a car that is 15 years old
- I am happily married to the same Afrikan woman for almost three decades and I have never had an illicit affair outside of my marriage. My philosophy is that if a man has an affair outside of his marriage, the very next day he should file for and get a divorce. I have no children out of wedlock.
- Over the course of my life, I have never intentionally physically harmed anyone, and am polite, express good manners, generally quiet with not much to say and do not hate anyone.
- I have not celebrated a European holiday since around 1970
- I read a lot and am interested in most subjects: science, culture, economics, education, psychology, oceanography and more.
- I never want to do anything to harm or hurt Black people; I love Black people and seek protection for them, and myself and family, and want Black people, as well as myself and family, to have much abundance, and abundance here means: access, without restriction or penalty, to clean fresh drinkable water, healthy uncontaminated, non-genetically modified foods, to be able to breathe clean fresh air, be free of addictions, and live a simple basic life that does not impinge on others, the land, the water or the air or animals.
- I want all of the various groups—the Chinese, the Japanese, the South Koreans, East Indians, Arabs, and the Whites to stop messing with Black people, wherever Black people are on this earth. I want to see an end to the national and international Black Holocaust in the areas of psychology, culture, education, economics, social relations, on jobs, on the highways and in all of the areas of life activity.
- I do not want to be killed by the government or any white or Black person—or any other person for that matter—who does not like what I have had to say. I am merely reporting the historical facts and the facts speak for themselves. Anything that I have said is verifiable and anyone can go and look up the same information, if they want to become an educated person. I do not want white people or Black people, or any other people to be intentionally mis-educated, dis-informed, or victimized into making inappropriate decisions based on mis-information. I want the problem solved so Black people no longer suffer needlessly—not because they are Black, but rather because those bringing the harm are white—those who bring the harm just because they have power, guns, money, or information.
- I want to live in a country, this country, where the soil is soaked with the blood of my people, at the hands of white people, overtly and covertly, and not be afraid to travel because people will be angry with me for giving them an

analysis to a problem too long unsolved, yet they have the ability, but not the will to solve it.

- I want to live in a country where the media have the awesome power to make the whole world enchanted with and love a little cartoon mouse and a goofy dog, so much that people will work hard all year long to save enough money and then spend millions and millions of dollars to travel from the far corners of the earth to visit a mouse, that is not even real. People, white people, say, “it doesn’t matter if you are white, yellow, Black or green” Well apparently, white people prefer green; because they can get the whole country to bring out the welcome wagons for a little green frog, who is traveling around the country being celebrated. The media, and those with influence, can get the whole country to take time out to celebrate, and go wild, over a little green fake toy named Kermit the Frog. If the media, and those who wield influence and power, can do that, they ought to easily be able to enchant the same world with the marvel, accomplishments, scientific inventions, paradigms and yet to be realized abilities of the Black Man and the Black Woman. If the media wanted to, if they simply so decided, they can literally change minds-we have been pleading and asking them to change the image they have been projecting of Black people from the 1850’s to the present. Change now.
- Thirty years ago a white co-worker asked me, “What do Black people want”? I can now answer that question for myself and no one else, after years and years of deep, deep study, attending hundreds of lectures, purchasing tapes, buying books, etc:
- I want our store, cultural center, and ventures to manifest in a strong, fruitful and positive way by bringing Black people from all over to our place and, in turn, the Afrikan spirit will be rekindled, renewed and flourish throughout the land.
- I want Freedom for all Black people

## **QUESTION # 2**

### **DR. KAMBON**

#### **PLEASE TELL US ABOUT YOUR EDUCATIONAL BACKGROUND AND COMMUNITY EXPERIENCES**

##### **Dr. Kambon:**

▪ He holds a B.A. degree in education/history from a university in New England; has a master's degree in physical education from a university in New England, has both a M.A. and a M. Ed. degree in education/administration from an Ivy League school, and an Ed. D. in urban education/curriculum and instruction from an Ivy League School. Over the course of eighteen years, Dr. Kambon served as an assistant professor at a HBCU in the south and has taught general psychology, tests and measurements, educational psychology, teaching of reading, seminars in education, modern elementary school, methods in science and mathematics, methods in secondary education, and methods in the social sciences. He also has been certified as a high principal, curriculum specialist –at the doctoral level-and a language arts teacher, K-12. Over the past seven years, Dr. Kambon has taught Introduction to Black Studies and Introduction to Afrikan Civilization at the University level. Although not practicing, Dr. Kambon holds a degree in naturopathy.

· Served as a counselor and then director, for three years, of a pre-matriculation program for pre-college students that focused on their intensive and enhanced development in reading, comprehension, test-taking skills, study skills, mathematics and exposure to a vast cultural experience. This program produced outstanding results and received national acclaim: some of the graduates went on to become admission directors of several different universities and one became a millionaire. There were many other major success stories as a result of this pre-college experience. Dr. Kambon received an award for his service to the program.

· Taught high school social studies and geography for two years in New England

· He directed a summer program, two years, for middle school-junior high school students in the inner city: Dr. Kambon coordinated this foundation funded summer program that worked intensively with inner city youth to build and enhance their academic abilities in language arts, mathematics and culture. Dr. Kambon received an award for outstanding service to this program-one of the students later received a full scholarship in filmmaking.

- Created J.I.E.P., Juvenile Intervention and Enlightenment Program, designed to take inner city youth to visit inmates in prison. This program, a very successful one, was modeled after the “Scared Straight Program”
- Designed, created, and successfully implemented, an Intervention Alternative Program, a funded program, that hired college students as counselors to work with in-coming high school students and not only give them appropriate counseling, but also assist them with their homework and visit the parents to give updates on students’ academic and social development.
- He was the coordinator and academic advisor, of an Adult External College Degree Program. He designed the liberal arts curriculum that enabled those adults to fulfill all academic requirements for graduation. Three years
- Designed a Child Abuse Prevention Program for parents, primarily mothers, to assist them in learning and implementing effective emotional and psychological strategies to reduce anger relative to their interaction with their child(ren). This was a two-year program that was successful.
- He was the director of an inner city summer camp program, for three years, and was responsible for sending hundreds of children to their first positive experience outside of the home. Three years.
- Had a proposal funded that enabled him to design and implement a HomeWork Helper Program that had college level students in educational psychology help elementary school children learn effective study skills, successfully complete their homework in language arts and use educational computer games to learn mathematics. This program was in effect for 10 years, 9 weeks each semester, and served over 650 children and enabled over 125 college students to have a wholesome pre-student teaching experience.
- Served as an evaluator in The Governor’s School Program that evaluated transcripts of gifted and talented students, who generally scored on the 97-98<sup>th</sup> percentile on their standardized tests. Students selected were able to attend a special summer program that permitted them to focus on their particular interests in either the arts or the sciences/mathematics. Out of about 700-800 students recommended by superintendents, principals, state legislators and teachers, only 150 were selected for each of the two state sites. Dr. Kambon received state recognition for his three years of service.
- Served as Coordinator, Supervisor, and Evaluator of Early Field Experiences, for fifteen years, working with principals and teachers. Placement of well over 300 pre-service teachers in elementary, middle and high schools, as part of a 60-hours, in-class, hands-on, pre-student teaching requirement and state certification

- Served as a College Supervisor and Evaluator of student teachers, who worked under state certified classroom teachers, in the fields of elementary education, social studies, and secondary education
  - Served as a Special Advisor, for two years, in a countywide Cooperating Teacher Forum. Advised selected cooperating teachers on the development and implementation of effective teacher relations, strategies, methods, techniques, and the use of educational and psychological theories in working with student teachers, parents, and classroom students.
- He was admitted to “Who’s Who Among College Professors” for two different years. He has two plaques honoring and denoting his achievements.
  - He was nominated three times and selected once, as “Professor of the Year”, by a college-wide student survey, as an outstanding teacher in teacher education.
  - Has numerous community awards and college citations for his services over the course of thirty years. He has appeared on numerous television and news programs discussing such topics as: “Kwanzaa”, “The Unsolved Murders of Black Women-Are the Police Doing All They Can? “Food and Health of Black People”. “Academic Achievement of Black Children; the Role of Parents in Education”, and “Community Development”.
  - Has as an “educational imperative”, a philosophy to never inject his personal opinions in the classroom discussions. Students are always presented with an issue, a problem, a topic or a subject and asked to do further research, “and double check and triple check”, to verify and ascertain the authenticity, or dubiousness, of the topic, issue or problem. Part of this pedagogical approach is based on the idea that “students cannot, or should not, just sit in the classroom and expect to “get an education”. Students must get up and go and extend their own education and learning, because the most lasting learning is self-initiated learning”. “Research, Research, Research. Read everything and be a lifelong learner”. It is vitally important for students to examine and question everything, and everyone-regardless of the person’s title, credentials, wealth, or stature- and not base judgments and decisions on “how I feel” or “what I believe”, or “what I think” or “what I know”, because there is a universe of knowledge and actual facts that must be examined. There is enormous discussion, in the school setting and in the workplace, surrounding the value and importance of critical thinking; however, well beyond the importance of focus on critical thinking, critical listening and critical evaluation are perhaps essentially more significant components in the learning process and experience. It is recommended that students, on all levels, listen to the news with critical eyes and ears and ask, “What is the real meaning of this particular story and is it the truth”? “Are there underlying implications, or hidden meanings, that are not being conveyed in the story”? “Was the entire

story or issue forthrightly articulated or was the story used to perpetuate a certain agenda or promote one of the propaganda techniques: name calling, testimonial, glittering generalities, band wagon (everybody's doing this or that; so should you), plain folks, etc. Ultimately, it is the job of each individual to get up off the couch, get off the golf course or the basketball court, get out of the malls, and get your own education and learn how to actually think for yourself, instead of having others think for you.

### QUESTION #3

**CAN YOU NAME SOME IMPORTANT BOOKS PEOPLE CAN READ IN ORDER TO GET A BETTER UNDERSTANDING OF HISTORY, MORE ON THE BLACK HOLOCAUST AND THE VARIOUS SUBTLE WAYS IT IS STILL CONTINUING? HOW CAN THE BLACK HOLOCAUST BE HALTED?**

#### IMPORTANT BOOKS

- David Walker's Appeal
- We Charge Genocide: William Patterson/Paul Robeson
- The Man Who Cried "I Am"- John Williams
- Count-Down to Black Genocide-Sagittarius
- Who Needs the Negro? - Sidney Wilhelm
- Moynihan Report-Daniel Patrick Moynihan
- Global 2000 Report-population control-depopulation
- Are You Still A Slave? - - How Not to Eat Pork—S. Ali
- The Black Holocaust for Beginners- - S.E. Anderson
- Somebody's Trying to Kill You –the Psychodynamics of white racism and Black Pathology- H. Davidson, Ph.D.
- The Slaughter-Carroll Case
- Tribalism, Mysticism, Primitivism, and the Rise of Genocide Against the African World- B. Shakari
- Slavery: The African American Psychic Trauma- S.Latif
- How Capitalism Underdeveloped Black America- - M. Marable
- Breaking the Spirit of the American Black Male- S. Bradley
- Work of Arthur Jensen, Charles Murray, Wm Shockley
- Savage Inequalities- and Death at an Early Age- Jonathan Kozol
- Kill Them Before They Grow-Michael Porter
- Nile Valley Contributions to Civilization—Survival Strategies for African Americans
- 500 Years of European Behavior- Nana Butweiku II
- Philosophy and Opinions of Marcus Garvey
- Malcolm X Speaks to Young People—The Autobiography of Malcolm X
- Afrikan Holistic Health--- Nutricide—(health and nutrition)
- Schooling the Younger Generations about the Politics of Prison-Mumia
- Know Thy Self- - - Breaking the Chains of Psychological Slavery
- Isis Papers-Fransis Welsing
- United Independent Compensatory Code/System/Concept-
- From Superman to Man--- 100 Amazing Facts about the Negro- J.A. Rogers
- The Destruction of Black Civilization—Dr. Chancellor Williams
- See United Nations definition of "genocide"
- See the work of R.J. Rummel on "Democide"
- Learn about the principles of Meat
- Afrikan Woman, the Original Guardian Angel- Dr. Barashango
- Afrikan People and European Holidays: A Mental Genocide-Vol. 1 & 2 - - Dr. Abashing
- Goddess Black Woman- Akil
- Dressed to Kill: The Link between Breast Cancer and Bras- Singer and Grismaijer
- Black Women, For Beginners- S. Sharpe
- Economic Solutions- P. Kershaw
- The Natural Genius of the Black Child- Blueprint for Black Power—Black on Black Violence- -Dr. Amos Wilson
- The Best of the Little Known Black History Facts-V. Robinson
- Without Sanctuary

These are just a small sample of the books that are available to you, if you so desire to increase your knowledge and education. Don't be afraid of learning; it will take learning, and analysis, to solve the problem.

I am Dr. Kamau Kambon— Who are you?

Dr. Kambon is author of four books:

- "Black Guerrilla Warfare in amerika: a Peoples' Manual and Manifesto on Resistance and Survival" ·(Out of Print)
- Tips on Quick and Easy Ways Afrikans Can Commit Subtle Suicide" (Out of Print)
- "Food Health and You: Why Black People Die So Young" ·
- "The Case For A Class Action Educational Malpractice Lawsuit", monograph in, "To Heal A People", Kujichagulia Press, 1996
- "The Last Book", featuring "The Last Black Man Standing", has received worldwide acclaim and has been performed in high schools, colleges and churches from California to Florida to New York.

#### **QUESTION #4:**

#### **IS THERE ANYTHING ELSE YOU WOULD LIKE TO SAY?**

Yes! I did not have a real opportunity to remark on the profound significance and the importance of the conference theme regarding the media.

For over thirty years, thirty-five, to be exact, I have been acutely aware of the role of media and the extensive psychological and emotional damage they do to Black people.

(The word "media" is a plural word that refers to a collective: radio, T.V., print, and now electronic; therefore whenever using the word "media" the verb "are" should follow) For your information, the same is true for the word, "data"- the data are-is accurate.

I have written letters to major hollywood studios (admonishing them about showing old tarzan movies that misrepresent the true image of Afrika and the portrayal of Afrikan people as savages), I have written to television stations about their poor characterizations and negative portrayals of Blacks, written to radio stations and even to some magazines and college bulletins about how they demean Black people by presenting them in a slanted fashion.

When we talk of fighting against the media, we are actually talking about fighting against a "psychological system", a "cultural system", an "economic system" and,

among others, a “social system”, all purposely designed to continue to perpetuate to other white people, to Black people and to the whole world, for some unknown reason, that Black people are not very bright, generally, that Blacks are clowns, buffoons, thugs, criminals, “niggaz”, “bitches” and “ho’s”. Why is this still being done, after thirty years of telling the white people they need to stop their misrepresentations of Black people to Black people and the world?

The projection of the negative images of Blacks goes way back in time, but for our purposes, this discussion will stay confined to Black people here in the u.s a. Some of the first negative portrayals of Blacks go back as far as the 1830s’, 1840’s and 1850’s. In order to rationalize or justify the brutal enslavement of Black people, white people had to declare that Blacks were “savages” (in psychology, this is referred to as “projection”), child-like, incapable of taking care of themselves, or, if they were left alone to take care of themselves, they would bungle it so badly, they would have to eventually go back to white people to get themselves straight. So, in order to justify, and maintain, the enslavement process, white people created about five, or more, IMAGES of Blacks to project to the world. Now, before I go forward with this, it is important to say here that white people are excellent at giving their VISION OR VERSION of reality. A version of something means it is not the original; a version is simply an imitation of, or a piece of, the original. For example, the great singer and song stylist, Nat “King” Cole sang one of the most popular and best selling songs ever when he sang, “The christmas Song”. His was the original; yet many, many, many other singers have given their rendition, or version, of this song, only to fail to sing it better than Nat. These other singers sang their VERSION of the song and the version can, in some cases be good, but the VERSION can never be better than the original. Although you may not like the comparison, the king james’ “VERSION” of the bible is another example of a false and concocted VISION or VERSION, of actual sacred texts, coming from the perspective of white people. The king james’ VERSION of the bible is just that, a VERSION; again, the VERSION can never be better than the original. Therefore, it would be in the self-interest of Black people to go and find the original, because it is the authentic. It is vitally important to put, and keep, in mind that the VERSION is never the ORIGINAL; it is only a fraction of, a piece of, a fake copy of, a portion of, or an imitation of the ORIGINAL.

Getting back to the issue of the images of Black people in the media, especially in film, whether T.V. or “the silver screen”, white people in the time of enslavement created the following images in order to keep Black people enslaved:

- “The Mammy”(a big, fat, jet Black, loudmouth and domineering woman in her own home, yet loving, nurturing, and docile in the plantation owner’s home),
- “The Pick-a-ninny” (a small “negro” child, who was generally portrayed as half naked, hair unkempt, afraid of ghosts, and/or being chased or eaten by animals)
- “The Sambo”

**For the sake of space, please see the remainder of this detailed and extensive unedited text in Dr. Kambon’s book, “The Statement”**

MOST WHITE PEOPLE WHO HAVE BEEN "EDUCATED" IN SCHOOL  
DON'T KNOW

- THAT EGYPT IS IN NORTHEAST AFRIKA
- THAT THE ORIGINAL INHABITANTS OF KEMET/EGYPT WERE BLACK-AFRIKANS
- THAT THE ORIGINAL NAME OF EGYPT IS KEMET-"LAND OF THE BLACKS"- THE NAME WAS CHANGED BY THE GREEKS, WHO WERE INVADERS
- THAT THE REAL "FATHER OF MEDICINE " IS IMHOTEP, THE FIRST KNOWN PHYSICIAN, NOT HIPPOCRATES, WHO WAS BORN SOME 2,200 YEARS LATER
- THAT IMHOTEP WAS THE FIRST "MULTI-GENIUS" RECORDED IN THE ANNALS OF HISTORY AND BUILT THE FIRST EVER STONE BUILDING, THE PYRAMID AT SAQQARA- IMHOTEP WAS AN ENGINEER, AN ASTRONOMER, A PHYSICAN, PHILOSOPHER, A GRAND VIZIER AND A POET- HE CURED MANY DISEASES. HE WAS WORSHIPED IN EARLY CHRISTIANITY AS "THE PRINCE OF PEACE" AND DESCRIBED, LITERALLY, AS THE FIRST CHRIST, OR THE ANOINTED ONE
- THAT THE ORIGINAL MODEL OF THE STATUE OF LIBERTY, AN IDEA DEVELOPED IN FRANCE IN THE 1870'S, DEPICTED A BLACK WOMAN STANDING WITH HER TWO ARMS STRETCHED IN THE AIR WITH BROKEN CHAINS HANGING FROM EACH WRIST AND EACH LEG-THE u.s. government REFUSED TO ACCEPT THIS RENDITION
- THAT BENJAMIN BANNEKER, A BLACK MAN, DESIGNED WASHINGTON, D.C.
- THAT THE SO-CALLED "MIDDLE EAST" IS IN AFRIKA; IF THERE IS A "MIDDLE EAST", WHERE IS THE "MIDDLE WEST", THE "MIDDLE NORTH" AND THE "MIDDLE SOUTH"?
- THAT IF BLACK PEOPLE TOOK BACK THEIR MANY INVENTIONS, THERE WOULD BE NO CARS, OR IF THERE WERE CARS, THEY WOULD BE CRASHING INTO EACH OTHER BECAUSE THERE WOULD BE NO TRAFFIC LIGHTS AND IT WOULD BE COMPLETELY DARK AT NIGHT BECAUSE THERE WOULD BE NO ELECTRIC LIGHTS (POSTERS) WHEN TAKEN ALL TOGETHER, ALL OF THE INVENTIONS OF BLACK PEOPLE, IN THIS COUNTRY, COULD RUN A CITY.
- THAT CHARLOTTE, NORTH CAROLINA IS NAMED AFTER A BLACK WOMAN

WHAT MOST PEOPLE KNOW

- THE CALENDAR DATE FOR CHRISTMAS
- THE CALENDAR DATE FOR VALENTINE'S DAY
- THE CALENDAR DATE FOR THE END OF WORLD WARS I AND II
- THE DAY OR DATE OF THANKSGIVING
- THE DATE AMERICAN ASTRONAUTS LANDED ON THE MOON

**NOW, GIVE ME THE DATE OF THE END OF THE BLACK HOLOCAUST.**  
**LAST QUESTION, CRITICAL ANALYSIS, AND FINAL COMMENTS**

**QUESTION**

**DR. KAMBON, CAN YOU DESCRIBE HOW YOU WOULD CHARACTERIZE YOUR RELATIONSHIP PRIOR TO, AND AS A RESULT OF, OCTOBER 14, 2005, WITH WHITE PEOPLE, THE UNIVERSITY, AND THE MEDIA?**

**SEE DR. KAMBON'S POWERFUL AND EXTENSIVE ANSWER TO THIS QUESTION, AND MORE, IN HIS TEXT "THE STATEMENT", OBTAINABLE AT KHA BOOKS, CHARLOTTE, NC- 1-877-509-2226 – YOU NEED ALL OF THIS INFORMATION**

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In conclusion, I want to pay the UTMost BlackNificent respect, and give love, to all those Afrikans in the great line of divine in our majestic history (some in the present), that I can remember, who stood up against what I call “white world domination by terror”. These UTMost BlackNificent Afrikans deserve, minimally, our acknowledgement, respect and thanks because they had the audacity and courage to standup and oppose tremendous odds in order to fight against enslavement, oppression, degradation, humiliation, destruction and death: Imhotep, Queen Nzinga, Queens of Meroe- Kandake, Queen Makeda, The Nubian Queen of Kemet, Tiye, Queen Nefatari, Goddess Ma’at, Goddess Aset, Yaa Asantewaa, Queen Harriet Tubman, Queen Ida B. Wells, Queen Bessie Coleman, Queen Drusilla Dunjee Houston, Queen Fannie Lou Hamer, Fredrick Douglass, Her-Em-Aket, Queen Assata Shukur, Ausar, Hannibal, Heru, Dedan Kimathi, David Walker, Dessailines, Queen Nehanda, Woody Stode, George G. M. James, Boukman, Dr. Amos Wilson, William Still, John Parker, Gabriel Prosser, King Rameses, Hon. Shirley Chisholm, Dr. Barbara Sizemore, AmenHotep IV, H. Sylvester Williams, Hubert Henry Harrison-“The Black Socrates”, Elvin Jones, Martin Robinson Delany, The Mossi, Charles Hamilton Houston, Noble Drew Ali, Honorable Marcus Mosiah Garvey, William Patterson, Bea Richardson, Lionel Cornelius Canegata, Art Blakey, George and Jonathan Jackson, Paul Robeson, Esq., Black Herman, Honorable Kwame Ture, The Honorable F. Levi Lord, The Cimarrons, “Lady Day” Billie Holiday, Toussaint L’Ouveture, Steve Biko, The Dogon, J.A. Rogers, Maurice Bishop, Walter Rodney, Che’ Guevara, Patrice Lumumba, Sekou Toure, Kwame Nkrumah, Jackie Robinson, Dr. John G. Jackson, Dr. Chancellor Williams, Amical Cabral, Dr. Jacob Carruthers, Hon. Adam Clayton Powell, Jr., Dr. John Henrik Clarke, Nana Butweiku, John Chissell, M.D., Queen Mother Moore, Queen-Dr. Alvena Fulton, Baba Olatunji, Fela, Denmark Vesey, Bob Marley, Queen Nanny of Jamaica, John Coltrane, Miles Davis, Hon. Elijah Muhammad, Thelonious Monk, Charlie Parker, Hon. Malcolm X, Dr. Martin Luther King, Jr., Dr. Cheikh Anta Diop, C.L R. James, George Padmore, Nat Turner, Ogetemmel, Zumbi, Queen Truganini, Dr. Khallid Abdul Muhammad, Fred Hampton, Sr., The Black Madonna and child, and, and, and- you do the research and add to this partial list of great, great Afrikan heroes and sheroes. So, Black people, who are your heroes and sheroes?

These above are just SOME of the Afrikans & some of the concepts I love.

And, of course, I sing the praises of our 20<sup>th</sup> CENTURY COURAGEOUS MULTI-GENIUS, THE GREAT DR. YOSEF ben-JOCHANNAN!!

And finally, to all of my friends and acquaintances around the country, who died as a result of growing up in environments of pathology, squashed potentials and truncated aspirations, environments that were created, and still maintained, by white people. In virtual reality environments, creations which sprang from the minds of men, environments that force far too many Black children, Black youth, young adults, Black men and Black women to see who among them can win the race to the bottom of the pathological cesspool barrel. Is anyone willing to help us, and the coming generations, out of the bottom of the social, economic, political, and educational, health, cultural, and psychological barrel? Somebody?? Anybody?? Is ANYBODY listening?? Are YOU listening to me????!!!!!!

**I am Dr. Kamau Kambon— Who are you?**